

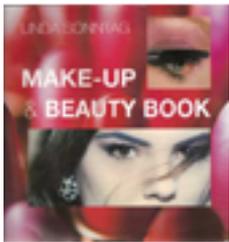
Health Care & Lifestyle Books



Hairstyles: Braiding and Hair Care

by Jacki Wadeson

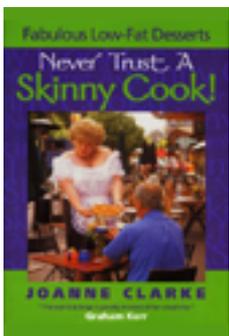
Illustrated throughout, this book provides professional tips on styling and caring for your hair. It features fashion accessories for hair and how to use them, and explains what to do if you have split ends, dandruff, and other problems.



Make-Up & Beauty Book

by Linda Sonntag

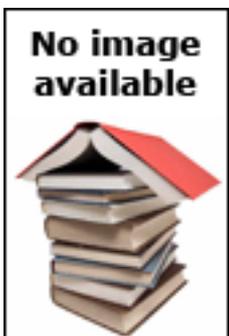
Easy to follow text accompanied by step by step photography of a variety of makeup and beauty techniques.



Never Trust a Skinny Cook! Fabulous Low-Fat Desserts

by Joanne Clarke

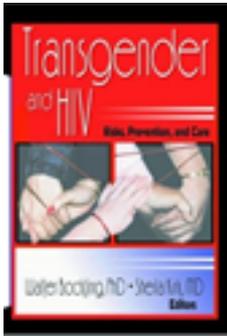
Never Trust a Skinny Cook is a collection of Joanne Clarke's favourite recipes made heart friendly and maintaining the full-bodied satisfaction that desserts are meant to give. They're all easy to make, stunning to present and fantastic to taste.



Skin Deep: A Consumer's Guide to Cosmetic Surgery in Australia

by Libby Harkness

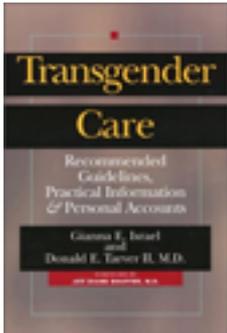
Written by a New Zealand journalist and author of books and articles in a variety of fields *Skin Deep* contains extensive research and hundreds of interviews about cosmetic surgery in Australia.



Transgender & HIV: Risks, Prevention, & Care

by Walter Bockting, PhD and Sheila Kirk, MD

A collection of reports on the impact of HIV/AIDS on the transgender community worldwide. Includes a description of the unique HIV risks of transgender people and exposes their neglected health and social service needs.



Transgender Care: Recommended Guidelines, Practical Information, and Personal Accounts

by Gianna E. Israel and Donald E. Tarver II, M.D.

By empowering clients to be well informed medical consumers and by delivering care providers from the straitjacket of inadequate diagnostic standards and stereotypes, this book sets out to transform the nature of transgender care. In an accessible style, Gianna Israel and Donald Tarver discuss the key mental health issues, with much attention to the vexed relationship between professionals and clients. They propose a new professional role, that of the "Gender Specialist." The

authors have also provided useful listings of organizations, centers, and World Wide Web sites. *Transgender Care* has been reviewed by a national committee of professionals and consumers, some of whose members contributed essays in the second part of the book.